

# Safer Use of Ketamine

- Ketamine Hydrochloride, Special K, K, is a short acting general anaesthetic that has hallucinogenic and pain-killing qualities.
- Some people describe a speedy rush within a few minutes of sniffing powder (20 min. if taken as a pill), leading to powerful hallucinations - even out of body experiences - along with an inability to move.
- Music can sound heavy, weird and strangely compelling, lights seem intense and physical coordination can be difficult (you might feel numb). Some feel paralysed, slur words, feel sick or throw up.
- Remember that K is a powerful drug. It is stronger than the same amount of other drugs, so you don't need the same amount to get high.
- Try to be in a safe environment with friends who know what you're up to. Remember that it's an anaesthetic so if you hurt yourself you may not feel any pain. Like all drugs, it is best to be in good physical health and in a mood that you're comfortable with.

## Side Effects:

- loss of focus and concentration
- Delayed Reactions:
  - inability to move or speak (k-hole)
  - Hallucinations

### Disclaimer

This page is provided for informational purposes ONLY. The ACNL does not advocate the use of illegal substances. The ACNL accepts NO responsibility for the way the information here is used, nor for any harm that might occur from the use of the information contained in this document. Although a concerted effort has been made to ensure the validity of the information contained in this document, no guarantees or assurances of accuracy are provided by anyone. Read and act at your own risk.

This information is from a pamphlet produced by the Toronto Raver Info Project (TRIP) [trip@ctchc.com](mailto:trip@ctchc.com)  
Phone: (416)504-6131.